

Signs and Symptoms of Sickle Cell Disease For Which to Seek Medical Care

Sign/Symptom	Description
Pain or discomfort	Headache (severe) Chest pain Bone/joint/hip pain Upper left, abdominal pain (spleen) Priapism (sustained, unwanted erection)
Paleness	Noticeable change in the color of the skin, lips, fingernails
Fever	101°F/38°C or higher (indicates a medical emergency)
Weakness or fatigue	Weakness on either side of body (may be due to stroke) Inability to speak (may be due to stroke) Difficulty with memory (may be due to stroke) Sudden or constant dizziness (may be due to stroke) Blurred vision Vomiting
Changes in Breathing	Difficulty breathing Fast rate of breathing Harsh noisy breathing
Swelling *NEVER APPLY ICE*	Hands Feet Joints (with redness)