

PROTECT YOURSELF PROTECT YOUR FAMILY PROTECT YOUR COMMUNITY

from the **Ebola** virus

✓ **DO**

✗ **DO NOT**


✓  Always wash your hands with soap and

✗  Do not touch people with signs of Ebola or have died of Ebola

✓  Always cook your food properly

✗  Do not touch clothes & bed cloths of people who have died of Ebola

✓  Go to health facility anytime you have head ache, fever, pain, diarrhea, red eyes rash and vomiting

✗  Do not touch vomit, saliva, urine, blood and poo of people who have signs and symptoms of Ebola

✓  Tell everyone you meet about Ebola so they can be informed

✗  Do not play with monkeys and baboons

✓  Call for help or questions
0886520581 or 0886374733

✗  Do not eat bush meat

✗  Do not eat plums eaten by bats

Let's stop the spread of Ebola together

