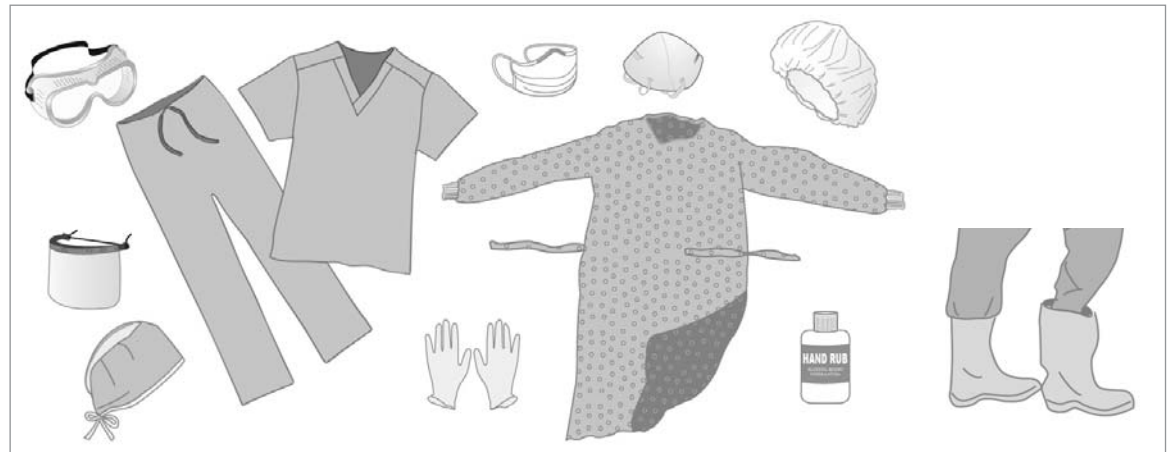


# Steps to put on personal protective equipment (PPE)

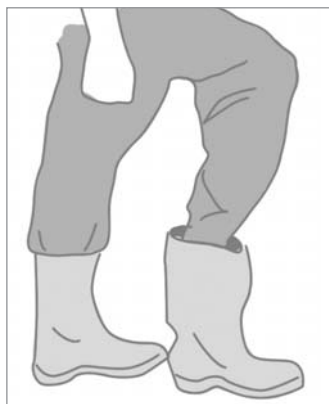
**1** Always put on essential required PPE when handling either a suspected, probable or confirmed case of viral haemorrhagic fever.

**2** The dressing and undressing of PPE should be supervised by another trained member of the team.

**3** Gather all the necessary items of PPE beforehand. Put on the scrub suit in the changing room.



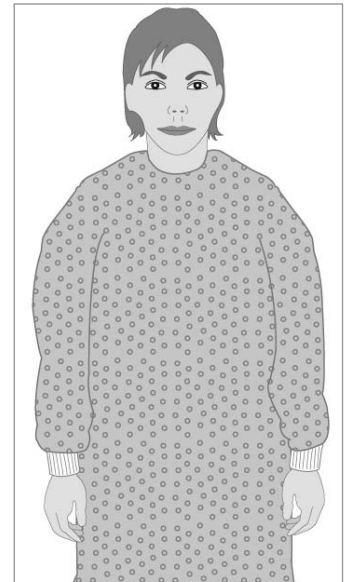
**4** Put on rubber boots. If not available, make sure you have closed, puncture and fluid resistant shoes and put on overshoes.



**OR, IF BOOTS UNAVAILABLE**



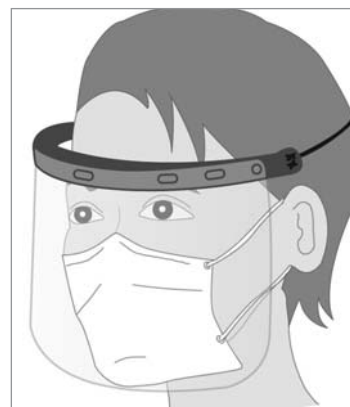
**5** Place the impermeable gown over the scrubs.



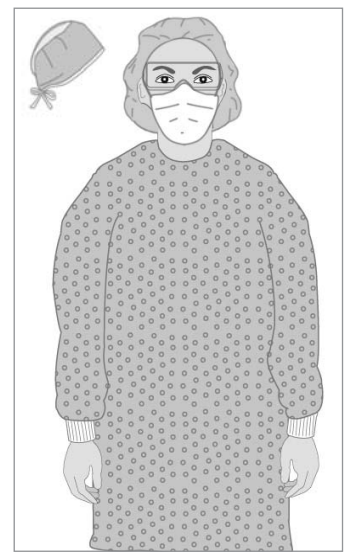
**6** Put on face protection:  
**6a** Put on a medical mask.



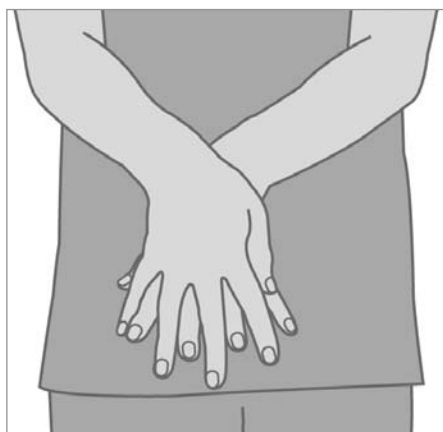
**6b** Put on goggles or a face shield.



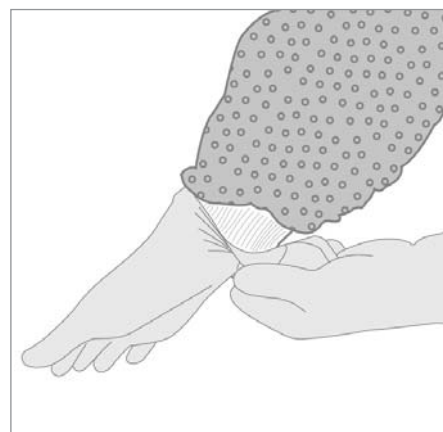
**7** If available, put a head cover on at this time.



**8** Perform hand hygiene.



**9** Put on gloves\* (over cuff).



**10** If an impermeable gown is not available, place waterproof apron over gown.



## While wearing PPE:

- Avoid touching or adjusting PPE
- Change gloves between patients
- Remove gloves if they become torn or damaged
- Perform hand hygiene before putting on new gloves

\* Use **double gloves** if any strenuous activity (e.g. carrying a patient or handling a dead body) or tasks in which contact with blood and body fluids are anticipated. Use **heavy duty/rubber gloves** for environmental cleaning and waste management.