



## COVID-19

# Future Directions and Resources

Evaluating and Caring for Patients with Post-COVID Conditions: Interim Guidance

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## Future Directions

Research is underway to define the post-acute and long-term phases of COVID-19, and to distinguish health effects exclusively related to infection with SARS-CoV-2 from consequences of hospitalization, and from medical procedures and treatments required for care of people with severe disease of any etiology (e.g., post-intensive care syndrome). The natural history of SARS-CoV-2 infection and COVID-19-related illnesses is a current area of investigation, and the prevalence, type, duration, and severity of persistent symptoms following resolution of acute SARS-CoV-2 infection, as well as risk factors associated with their development, continue to be studied. CDC has also partnered with the National Institute of Health (NIH), aligning efforts within the federal government to support the [RECOVER initiative](#).

Knowledge of post-COVID conditions is likely to change rapidly with ongoing research. Healthcare professionals and patients should continue to check for updates on evolving guidance for post-COVID conditions. CDC will continue to work in collaboration with federal, state, local, academic, and community partners to better understand the long-term effects of SARS-CoV-2 infection, and this guidance will be updated as new information emerges.

## Resources

### Support Groups

- [Body Politic](#)
- [Survivor Corps](#)
- [Long COVID Alliance](#)
- [Long COVID Kids](#)

### Symptom and Condition Assessments

- [Measuring orthostatic blood pressure](#)
- [Health measures toolbox](#)
- [AAPM&R functional assessments](#)

### Other Tools and Resources

- [The Accountable Health Communities Health-Related Social Needs Screening Tool](#)
- [Tools for providing trauma-informed care](#)
- [Tools for cross-cultural communication](#)
- [AAPM&R Long COVID \(PASC\) resources](#)
- [AAFP Social Determinants of Health resources](#)

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