

Post-COVID Most Commonly Reported Symptoms

Dyspnea or increased respiratory effort

Fatigue

Post-exertional malaise and/or poor endurance

“Brain fog,” or cognitive impairment

Cough

Chest pain

Arthralgia

Myalgia

Paresthesia

Abdominal pain

Diarrhea

Insomnia and other sleep difficulties

Fever

Lightheadedness Headache

Palpitations and/or

tachycardia

Impaired daily function and mobility

Pain

Rash (e.g., urticaria)

Mood changes

Anosmia or dysgeusia

Menstrual cycle irregularities